How did I get the Flu???? Patient Game

This patient game is to help patients, family members and staff become aware of all the different surfaces that a single patient can contaminate when they come to treatment.

1. Buy different colored, small neon post it notes.
2. Get 1 patient on each shift to agree to place a post it note on every surface they touch from the moment they enter the waiting room until they leave after treatment. This includes: doors, windows, waiting room magazines & furniture, scales, sinks, dialysis equipment, other patients, staff members… EVERYTHING!
3. Let each patient know as they come in for treatment why they will be seeing the post it notes and ask them to please “DO NOT REMOVE” any they see, even if they are in the way of something they want to do.
4. At the end of the treatment day, take pictures of all the different places you found the notes, especially those places you did not expect to find them.
5. Take your pictures and have them printed and then make an education board showing your patients all the different surfaces that can get contaminated with the flu.
6. Hand out Flu Prevention handouts for them to take home to share with their families.
7. Always encourage dialysis patients and their families the importance of getting the flu vaccine.